

SPA DAY PACKAGES

RELAX & RECHARGE

A little R & R at Springfield will do you good. Either a 30 Minute Back, Neck & Shoulder Swedish Massage and Express Pedicure or a 30 Minute Elemis Facial and a Reshape and Varnish Manicure

With Luncheon **£65.00 per person**
With Afternoon Tea **£55.00 per person**

THE ULTIMATE UNWIND

Time to lie back, relax and unwind with a 30 minute Back, Neck and Shoulder Swedish Massage and a 30 minute Elemis Facial specifically designed for your needs.

With Luncheon **£85.00 per person**
With Afternoon Tea **£75.00 per person**

PURE INDULGENCE

You can really indulge with 2 blissful hours, treating your whole body to:

- 30 Minute Back, Neck & Shoulder Swedish Massage
- 60 Minute Luxury Elemis Facial (suited to your skin)
- Express Manicure or Pedicure using Vinylux polish

With Luncheon **£125.00 per person**
With Afternoon Tea **£115.00 per person**

INCLUDED IN YOUR SPA DAY

When you book any of the Spa Days you will have full use of the Leisure Club for the whole day giving you access to the Indoor & Outdoor* Swimming Pools, Tennis Courts, Sauna, Steam Room and our beautifully positioned Jacuzzi overlooking the gardens.

Gym and Personal Trainer for one hour
£25.00 additional charge

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SPA DAY MENU

LUNCHEON MENU

Chicken Caesar Salad

Slices of Chicken Breast, Anchovies, Crisp Salad Leaves with Caesar Dressing

Brunch Salad

Hard Boiled Eggs, Black Pudding, Crispy Bacon, Sundried Tomato, Crisp Salad Leaves with Light Vinaigrette

Caribbean Salad

Avocado Pear, Prawns & Fresh Pineapple Served on Crisp Salad Leaves with a Light Lemon Dressing

Steak Baguette

Served with a Salad Garnish & Curly Fries

Sandwiches

Your selection of Fresh Cut Sandwiches Served on Granary Bread & Curly Fries

Jacket Potatoes

Choice of Fillings: Tuna - Chilli - Cheese & Baked Beans

Homemade Cheese Burger

Served with a Salad Garnish & Curly Fries

Chicken Korma

Served on a bed of rice with poppadum

Brandy Snap Basket

Filled with fresh strawberries & Cream

Fresh Fruit Salad

Tangy Lemon Cheesecake

SPA DAY AFTERNOON TEA MENU

EACH GUEST RECEIVES THE FOLLOWING:
*Selection of Mixed Sandwiches - 2 rounds
One portion of Cake
One Scone with Cream and Jam
Pot of Tea*

SPA DAY MENU

LUNCHEON MENU

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Slices of Chicken Breast, Anchovies, Crisp Salad Leaves with Caesar Dressing

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Caribbean Salad

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